

SEAA Cross Country Relays

Saturday, 19th October 2024 - Wormwood Scrubbs

Senior men - B team

L1	27	Mark Cursons	15:54.0
L2	27	Richard Tarling	18:12.0
L3	26	Jabbil Chibwana	19:51.0
L4	24	Nick Andrews	18:30.0

Senior men - A team

L1	24	Jim Cooper	15:39.0
L2	23	Daniel Clark	17:37.0
L3	23	John Bignall	17:25.0
L4			

Teams:	1	Victoria Park & TH AC	55:15.0
	2	Thames Valley AC	55:26.0
	3	Chiltern Harriers	55:47.0
	24	Harrow AC 'B'	01:12:28

U15 boys A

L1	26	Dominic Frearson	07:36.0
L2	20	Luca Russo	07:09.0
L3	15	Blake Mitchell	07:19.0

U15 boys A

L1	33	Eliyaan Jamal	07:50.0
L2	31	Edward Sly	08:30.0

Teams:	1	Dacorum	20:05.0
	2	Eastbourne	20:27.0
	3	Herne Hill Harriers	20:30.0
	15	Harrow AC	22:05.0

Senior women

L1	30	Sarah Saunders	13:56.0
L2	31	Renata Olas	14:59.0
L3	32	Claudine Crisp	19:09.0

Teams:	1	Herne Hill	30:30.0
	2	Belgrave Harriers	30:53.0
	3	Thames Valley AC	32:35.0
	32	Harrow AC	48:04.0

U15 girls A

L1	9	Beth Dalton	08:01.0
L2	13	Nilou Heath	08:45.0
L3	11	Katie Dalton	08:27.0

U15 girls

L1	28	Millie Sanders	09:05.0
L2	29	Laura Russo	09:19.0
L3	22	Grace Crisp	09:20.0

Teams:	1	Chelmsford A	22:02.0
	2	Windsor S & E	22:10.0
	3	Chelmsford B	23:05.0
	11	Harrow AC A	25:13.0
	22	Harrow AC B	27:45.0

U13 girls A

L1	20	Ottilie Sly	09:12.0
L2	18	Vivienne Olas	09:14.0
L3	11	Soufia Atek	08:41.0

U13 girls B

L1	27	Lily Crisp	11:07.0
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Teams:	1	Bracknell AC	24:03.0
	2	Guildford	24:14.0
	3	Brentwood	24:23.0
	11	Harrow AC A	27:07.0